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# PACT

## Med fungal Nail Therapy

## What is it?

PACT® stands for photodynamic antimicrobial therapy. PACT® Nail Fungus Gel is applied to the nails during treatment makes the fungus susceptible to the PACT® lamp, this is then focussed onto the nail which destroys the fungal cells, allowing a new healthy nail to grow out. This process is completely painless and safe.

## Who is it suitable for?

Those with a mild/mild-moderate fungal nail infection (infection which has penetrated less than 50% of the nail plate, and is not past the cuticle area), there are no contra-indications in relation to this treatment. In all cases where a fungal infection is suspected; it is highly advisable that a sample of the nail and tissue beneath the nail is tested by a lab to confirm the diagnosis of fungal nail infection. This will confirm the suspected diagnosis and ensure that the PACT med therapy is suitable for the condition.



We always put patients at the  
centre of everything we do

## What can I expect?

Before commencing treatment, it is important for the nail to be tested through mycology and culture in a laboratory to confirm the suspected diagnosis of a fungal infection. We can do this through our clinic and the results take 4-6 weeks for completion.

The pre-treatment process varies slightly depending on the severity of the nail infection as follows:

### Mild infection

All of the infected nails in mild-moderate infections will be cut back, drilled and removed with nippers and a burr.

### Mild-Moderate infection

In cases of a moderate infection, all the infected nail needs to be removed before therapy begins. An ointment is to be applied to the nail, and kept in place with a bandage all day. Once you remove the bandage, the infected nail will have softened, this softened nail is to be scraped away. This process of is repeated daily for two weeks and painlessly removes infected nail preparing the area for PACT treatment

Once the podiatrist is happy that the infection has been removed and the area is prepared; PACT treatment can commence.

## Prices

PRE-THERAPY PRICES	
Assessment	£55.00
Mycology Lab Sample Testing	£37.00

Following an initial assessment, the price and length of each PACT session is dependent on how many nails are affected;

Nails	Session length	Price (each)
1	30 minutes	£79.80
2	45 minutes	£115.50
3+	1 hour	£149.00

\*total based on 5 treatment sessions – this is an adequate amount of sessions to eradicate most infections, but some may require a top up every month until resolved.



We provide immediate access to  
specialist podiatry services

## Treatment schedule

In the first week of treatment, three sessions are to be carried out during a 7-10-day period. Following this you will need to return for another two sessions, the first one month after, then the second two months later.

In all cases of fungal nail treatment, we have to wait for a new healthy nail to grow out. Nail growth is variable from person to person and it can take 6-12 months for an entire toenail to fully grow.

Your podiatrist will give you thorough advice and ongoing personal treatment plan in relation to your feet and the fungal infection. It is important to follow this advice accordingly to prevent the infection returning.

To arrange an appointment for nail surgery please e-mail [office@chirobody.co.uk](mailto:office@chirobody.co.uk) or call 0330 088 4222.

Save £5 by [booking an appointment online.](#)